



## Basic Sword Techniques 基本劍法

Before we start to practise any sword we should learn some basic sword techniques as these will help us to be able to use the sword properly.

There are 8 basic sword techniques that can help us to use the sword properly and if you can manage the basic techniques then you will also be able to manage the form. Of course, there are more than 8 techniques to learn in a form, but we will begin with these 8 first.

1. 剪花 Jian Hua
2. 撩花 Liao Hua
3. 點 Dian
4. 撩 Liao
5. 點下 Dian Xia
6. 刺 Ci
7. 順圈 Shun Quan
8. 逆圈 Ni Quan