



陳式太極雙劍 **Chen Style Taiji Double Sword**

Chen Style Taiji Double Sword was created by 18th generation of the Chen Family, Chen Zhao Pi 陳照丕, who used double broadsword form applications and applied them for the double sword. Therefore we can see a lot of similarity between them. The double sword form is one of the complicated weapon skills and we must know the single sword form skill first and then we can learn the double sword. When we use the double sword, it is much more difficult. If we do not know how to handle them well, they will hit each other and so we must be very co-ordinated. When we can use the double swords well, it will be good for our brain and co-ordination, as well as our martial art skill.

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| 1. 雙劍起式 | Double Sword Begins |
| 2. 落花流水朝陽劍 | Falling Flowers And Water Running With Facing Sun Swords |
| 3. 美女望月 | Beautiful Woman Looks at the Moon |
| 4. 夜叉探海 | Demon Checks the Sea |
| 5. 黑熊翻背朝陽劍 | Black Bear Turns Around With Facing Sun Swords |
| 6. 轉身鳳凰變展翅 | Phoenix Turns Around and Spreads Its Wings |
| 7. 上三劍 | Three Steps Forward with Swords |
| 8. 古樹盤根 | Old Tree with Winding Roots |
| 9. 日套三環 | Sun with Three Rings |
| 10. 黑熊翻背朝陽劍 | Black Bear Turns around with Facing Sun Swords |
| 11. 左羅漢降龍 | Left Luohan (Buddha's Disciple) Defeats the Dragon |
| 12. 右羅漢降龍 | Right Luohan Defeats the Dragon |
| 13. 轉身蝴蝶吸水 | Turn Body and Butterfly Sips The Water |
| 14. 黑熊翻背朝陽劍 | Black Bear Turns Around with Facing Sun Swords |
| 15. 左羅漢降龍 | Left Luohan Defeats the Dragon |
| 16. 右羅漢降龍 | Right Luohan Defeats the Dragon |
| 17. 二郎擔山 | Er Lang (Three Eyes Immortal) Carries the Mountain |
| 18. 黑熊翻背朝陽劍 | Black Bear Turns Around with Facing Sun Swords |
| 19. 鍾馗丈劍 | Zhong Kui (Chinese Ghost Buster) Holds the Swords |
| 20. 古樹盤根 | Old Tree with Winding Roots |
| 21. 翻身下劈劍 | Turn Around the Body and Chop Down |
| 22. 黑熊翻背朝陽劍 | Black Bear Turns Around with Facing Sun Swords |
| 23. 左翻身下劈劍 | Turn Around the Left Side of the Body and Chop Down |
| 24. 右翻身下劈劍 | Turn Around the Right Side of the Body and Chop Down |
| 25. 轉身朝陽劍 | Turn Body with Facing Sun Swords |
| 26. 磨盤劍 | Millstone Sword |
| 27. 霸王舉鼎 | The King Lifts Up the Cauldron |
| 28. 護膝劍 | Protecting Knees Sword |
| 29. 白蛇吐信 | White Snake Spits The Message |
| 30. 左鳳凰展翅 | Phoenix Spreads the Wings on the Left Side |
| 31. 右鳳凰展翅 | Phoenix Spreads the Wings on the Right Side |
| 32. 朝陽劍 | Facing Sun Swords |
| 33. 連環刺虎 | Stab the Tiger Many Times |
| 34. 左右雙舞劍 | Rotating Both Sword on Left And Right Sides |
| 35. 左降龍劍 | Left Defeating Dragon Swords |
| 36. 右伏虎劍 | Right Controlling Tiger Swords |
| 37. 獅子滾繡球 | Lion Plays the Embroidery Cloth Ball |
| 38. 撥雲望月 | Separating The Cloud To Look For The Moon |
| 39. 懷中抱月 | Embracing The Moon |