俊元拳 Chun Yuen Quan's
五虎斷門刀 Five Tigers Breaking Gate Dao (Broadsword)

Five Tigers Breaking Gate Dao is one of Chun Yuen Quan special weapon's skill. It is actually a broadsword but in Chinese we call it a Dao which literally means knife. Traditionally, the Chinese Dao is a very strong and fast weapon. Also, the image of a tiger is already very powerful but five tigers breaking a gate together is even more powerful. Their movements would be fast and dynamic. There are 20 different techniques of the Dao which are:-

劈 (Pi): From the top to low chop.
紮 (Za): Strike.
砍 (Kan): from the top diagonally chop down.
斬 (Zhan): Horizontal chop, point, flick the Dao upward,
點 (Dian): Point.
崩 (Beng): Jerk the Dao upward.
推 (Tui): Push the Dao with both hands forward, one hand on the handle, one hand on back of the Dao.
撩 (Liao): Swing the Dao from the bottom to the top with the blade upward.
截 (Jie): Block
掛 (Gua): Circle down the Dao with blade face downward.
抹 (Mo): Pull in and out with the blade.
掃 (Sao): Sweep in the lower level.
雲 (Yun): Circle above and in front of body.
藏 (Cang): Keep the Dao behind the back.
架 (Jia) Block with both hands and hold the position.
格 (Ge): Block up and down with back of the blade.
纏頭 (Chan Tou): Wind the Dao around the head clockwise.
裹腦 (Guo Nao): Wind the Dao around the head anti-clockwise.
撩腕花 (Liao Wan Hua): Reverse figure eight with the blade up.
剪腕花 (Jian Wan Hua): Normal figure eight with the blade down.

1. 俊元樁 Chun Yuen Stance
2. 上步提氣 Step forward to bring up the Qi
3. 開門砍山 Open the door to chop the Mountain
4. 五虎視勢 Five Tigers observe the Horizon
5. 斷門抱月 Breaking the Gate and Embracing the Moon
6. 玉女撩裙 Jade Lady flicks the Skirt
7. 五虎踢門 Five Tigers kick the Gate
8. 手抱寶刀 Holding the priceless Dao
9. 震臂送刀 Slap the arm and present the Dao
10. 猛虎回頭 Ferocious Tiger turns around his Head
11. 風卷雲轉 Storm and Cloud Spinning
12. 大旋風紮 Big whirling wind and Stab
13. 纏頭身正 Straighten the back and wind the Dao around the Head
14. 震臂紮刀 Slap the arm and Stab Forward
15. 猛虎下山 Ferocious Tiger comes down from the Mountain
16. 上樹瞭望 Climb the tree to Look
17. 落樹捕物 Descend the tree to hunt Prey
18. 猛虎下山 Ferocious Tiger comes down from the Mountain
19. 回身劈山 Turn around to chop the Mountain
20. 童子抱刀 Child holds the Dao
21. 纏頭護刀 Wind the Dao around the Head
22. 震臂四步 Four steps with slapping Arm
23. 剪腕花刀 Rotating scissors Dao
24. 藏刀飛腿 Hiding Dao with flying Kick

(Continued)
25. 撩腕花刀 Rotating upward cut Dao
26. 童子紮刀 Child stabs forward with Dao
27. 五虎退守 Five Tigers move back to Guard
28. 再攻一次 Return and attack again
29. 童子抱刀 Child holds the Dao
30. 猛虎下山 Ferocious Tiger comes down from the Mountain
31. 回身劈山 Turn around to chop the Mountain
32. 童子抱刀 Child holds the Dao
33. 纏頭護刀 Wind the Dao around the Head
34. 三步架刀 Three Steps and block with Dao
35. 左掃腿掛 Left Sweeping Kick and chop Down
36. 右掃腿掛 Right Sweeping Kick and chop Down
37. 回身劈山 Turn around and chop the Mountain
38. 童子抱刀 Child holds the Dao
39. 纏頭護刀 Wind the Dao around the Head
40. 震臂四步 Four steps with Slapping the Arm
41. 童子抱刀 Child holds the Dao
42. 纏頭護刀 Wind the Dao around the Head
43. 猛虎下山 Ferocious Tiger comes down from the Mountain
44. 回身劈山 Turn around to chop the Mountain
45. 童子抱刀 Child holds the Dao
46. 三步架刀 Three Steps and block the Dao
47. 左掃腿劈 Left Sweeping Kick and chop Down
48. 右掃腿劈 Right Sweeping Kick and chop Down
49. 回身劈山 Turn around and chop the Mountain
50. 童子抱刀 Child holds the Dao

Part 2

51. 飛天五虎 Flying Five Tigers
52. 落地捉鹿 Jump down to the ground to catch the Deer
53. 回身紮刀 Turn the body and stab forward with the Dao
54. 反手紮刀 Reverse the hand and stab backward with the Dao
55. 五虎退洞 Five Tigers fall back to the Cave
56. 狡虎獻寶 Clever Tiger presents the Treasure
57. 反手藏刀 Turn around the Dao to hide behind
58. 掃腳迎敵 Sweep the leg and prepare for the Enemy
59. 猛虎追擊 Ferocious Tiger chases its Prey
60. 直沖一拳 Straight Punch
61. 轉身回掛 Turn around with back Fist
62. 白刀直入 White Dao stabs straight Through
63. 小刀埋身 Small Dao stays close to the Body
64. 滴水不侵 Not a drop of water can come in
65. 撥草尋蛇 Spread the grass to look for the Snake
66. 觀天三環 Look at the sky with three Rings
67. 大裹腦刀 Big winding Dao around the Head
68. 大纏頭刀 Big winding Dao around the Head the other Way
69. 二砍一紮 Two chop Dao and one stab Forward
70. 三教才收 Three punishments then accepts the Student
71. 空中接刀 Bring back the Dao in the Air
72. 退步收功 Step back and Shou Gong

Part II: In order to train more variety of skill, I decided in 2003 to add some more movements on the Five Tiger Dao, to cover certain things that Part I did not cover. I have kept the Chun Yuen Quan principles but also those of the traditional Chinese Dao. -----Michael Tse

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